



FALL WORKSHOPS 2020



Keep School Skills Sharp with Occupational Therapy

SPACE IS LIMITED TO 4 CHILDREN PER GROUP

Developing Pre-Printing Skills

Pre-school/Kindergarten

COST : Six 1 hr sessions \$420 *\$390 (Early Bird rate)
FALL Session: OCTOBER & NOVEMBER 2020, Tuesdays or Wednesdays, times to be determined

The development of muscle strength and dexterity in hands and fingers, eye-hand coordination, visual-motor control and visual perceptual skills are essential for the acquisition of pre-writing skills. *This is a therapeutic program for students to improve pre-writing skills.*

The Skills of Handwriting

Grade 3-6

COST : Six 1 hr sessions \$420 *\$390 (Early Bird rate)
FALL Session: OCTOBER & NOVEMBER 2020, Tuesdays or Wednesdays, times to be determined

Studies have shown that increased legibility of handwriting can result in improved self-esteem, greater proficiency and stronger grades. *This is a therapeutic program for students to improve cursive writing, focusing on the fundamentals of handwriting and lower case letters.*

*New clients require an Initial Consultation for all groups.

*Each session will include evaluation of skill level & practical recommendations and materials for home school programming.

*COVID-19 protocols will be followed.

*Private consultation meeting with the therapist following the program to review progress and recommendations.

The Skills of Printing

Grade 1-3

COST: Six 1 hr sessions \$420 *\$390 (Early Bird rate)
FALL Session: OCTOBER & NOVEMBER 2020, Tuesdays or Wednesdays, times to be determined

Children who experience difficulties with fine motor and visual motor skills often struggle in acquiring the skills of printing. This struggle can lead to frustration, poor motivation and reduced work output. *This is a therapeutic program for students to improve printing skills, legibility and speed.*

Self-Regulation Programs (Alert/Zones of Regulation)

Grades 2-6

COST : Six 90 minute sessions (+ Parent session) \$450 *\$420 (Early Bird rate)
FALL Session: OCTOBER & NOVEMBER 2019, Mondays or Thursdays, times to be determined

These programs are designed to help students with self-regulation by teaching them how to recognize their own zones of regulation or "engine speeds". Students will also learn various strategies to use to attain, change, or maintain their levels of alertness. In addition to addressing self-regulation, the students will gain an increased vocabulary of emotional terms, skills in reading others' facial expressions, insight into events that trigger their behavior, calming and alerting strategies and problem solving skills.

Early Bird rates available until Thanksgiving

REGISTER TODAY!

403-271-9020 EX. 1127



INTEGRATED DEVELOPMENTAL EDUCATIONAL AND ASSESSMENT SERVICES INC.